



Parental Skills Course



Venue: MUMN Premises, Mosta
Time: 17.00hrs - 20.00hrs

The Institute for Healthcare Professionals in collaboration with Sedqa is offering this course for all healthcare Professionals. This course consists of Five Sessions and are going to be delivered by Mr. Brian Camilleri, Mr. Silvan Magro and Ms. Fiordalina Camilleri. These sessions are adequate for parents having both infants and teenagers. We will be discussing various topics which will help parents on how to deal with their children.

OVERVIEW

9th November, 2017

Time: 17.00 - 20.00hrs

Descriptive Praise - Encouraging Confidence, Communication and Cooperation

In this session we will be discussing:

- Challenges of Parenting.
- Identifying characteristics parents want to see in their children.
- Motivation, cooperation and confidence in children and how parents can aid in these areas.
- Identifying ways of building positive connections with children;
- Evaluative praise vs Descriptive Praise.

16th November, 2017

Time: 17.00hrs - 20.00hrs

Emotional Coaching - Helping children manage their emotions.

In this session we will be discussing:

- Emotional Intelligence will be described and discussed amongst parents.
- Fostering Emotional connectedness - (encourage children to talk to parents about their feelings and day to day problems.)
- Manageing behaviour through understanding emotions and emotion regulation.

OVERVIEW

23rd November, 2017
Time: 17.00 - 20.00hrs

Setting up for Success - Preparing children to do their best

In this session we will be discussing:

- Skills and techniques needed in order to help the child succeed. Here the importance of breaking down a task will be highlighted and skills such as visual aids and many others will be discussed
- Self Esteem and Self Confidence will also be discussed in relation to the mind set for success.

30th November, 2017
Time: 17.00hrs - 20.00hrs

Family values, establishing rules and using rewards.

In this session we will be discussing:

- Description of these 3 terms: Values, Rules and Rewards whilst giving importance of what the child thinks about these, and the importance if why the child needs to be heard.
- The 4 stages of learning will also be integrated into the lesson and modelling will be highlighted.
- How rules should be expressed to the child using reason and being able to answer their questions.
- How and when to give rewards and the importance of reinforcers.

7th December, 2017
Time: 17.00hrs - 20.00hrs

Dealing effectively with unwanted behaviour

In this session we will be discussing:

- Positive Discipline - Understanding and responding effectively when our children get things wrong.
- The rationale behind this module is that all misbehavior has a cause



REGISTRATION FORM.

Kindly fill our registration form if you would like to attend for this course. The maximum number of participants accepted for this course is that of 18 participants. Kindly send your registration form to MUMN , Les Lapins, No. 3, Court B, Independence Avenue, Mosta by not later than Friday 3rd November, 2017.

Participant's Details:

Name and Surname: _____

I.D Number: _____

Email Address: _____

Home Address: _____

Mobile Number: _____

Place of Work: _____

Prices:

Single Rate Price: 40 Euros

Couple Rate Price: 70 Euros

All cheque payments are to be addressed to MUMN. A receipt of payment and letter of acknowledgement will be sent to you once your payment is received in order to be used for CPD and study leave purposes. A certificate of attendance will be issued during the last session of this course.

For Office Use only

Type of Payment: _____

Receipt Number: _____